



FROM THE PITCH TO THE CATHLAB/OPERATING ROOM

**Sports Medicine Conference
Sosnowiec 2026**

CONFERENCE DIRECTORS: ON BEHALF ORGANIZING COMMITTEE

MATEUSZ TAJSTRA (PMFT), MATEUSZ DŁUTOWSKI (PMFT)

♥ SESSION I – SPORT CARDIOLOGY (60 min)

Moderators: M. Tajstra (Poland), M. Kocjan (Poland), M. Ochałek (Poland)

M. Tajstra (Poland)

- Sudden cardiac arrest in athletes (12+7min)

M. Ochałek (Poland)

- Case 1: Sudden dyspnea – DVT in history – Pulmonary embolism – it is not always so obvious (8+7min)

M. Kocjan (Poland)

- Case 2: Incidental Hypertrabeculation, Mildly Reduced Resting LVEF and Small Mitral Annular Disjunction in an Asymptomatic Former Professional Football Player: Physiological Remodeling or Early Cardiomyopathy? (8+7min)

🦴 SESSION II – SPORT TRAUMATOLOGY (60 min)

Moderators: M. Dłutowski (Poland), K. Rękawek (Poland), Jakub Kleszowski (Poland)

Paweł Brosz/Mariusz Dotka (Poland)

- Hamstring muscle injuries in football: diagnostics and management (8+7min)

M. Dłutowski (Poland)

- Graft selection in reconstruction: surgical techniques (8+7min)

K. Rękawek (Poland)

- Case 1: Distal biceps rupture. From diagnostic to operation. How we do it in Szczecin (8+7min)

Jakub Kleszowski (Poland)

- Case 2: Meniscus – what should you know but afraid to ask (8+7min)



